

You Are Not Alone...

Feelings of grief, anxiety, guilt, anger, depression, low self-esteem, shame and suicidal thoughts are some of the many symptoms of Post-Abortion Aftermath.



Can I Be Forgiven?

Yes, you can. Abortion is not the unforgivable sin.



Will I Ever Feel Better?

Yes! With help from caring people, you will begin to find freedom from this pain.



Is There Help for Men?

Yes. Women aren't the only ones wounded by abortion. Help is available for men, too.



Project Rachel will help.

To begin your healing journey, contact Project Rachel.

888-456-HOPE
hopeafterabortion.com

*“Neither do I
condemn you.”*

John 8:11



Hope after Abortion